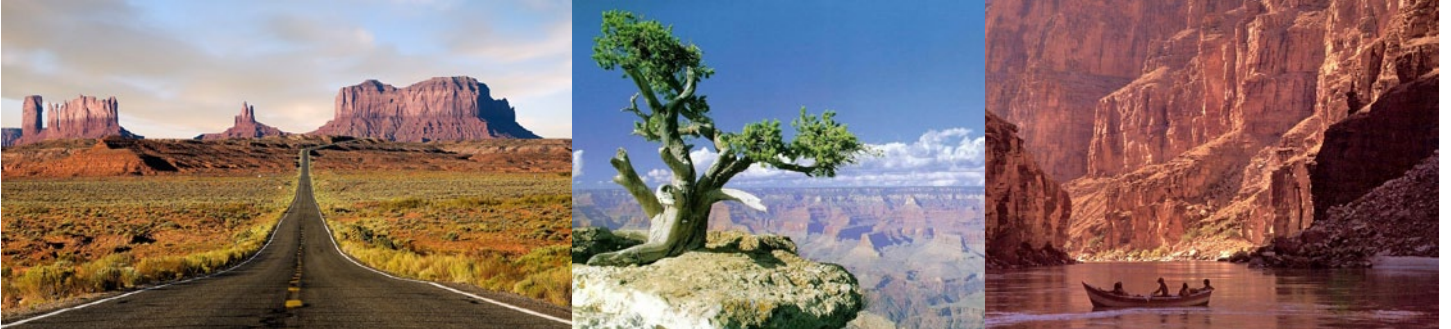




TRAVEL TIPS

GRAND CANYON



ABOUT THE AREA

Located in the northwest corner of Arizona close to both Utah and Nevada, the Grand Canyon is nearly 300 miles long and up to 6,000 feet deep at points. It is one of the most breathtaking sights in the United States, and nearly five million people visit each year. Check out the Grand Canyon Skywalk, a transparent horseshoe-shaped bridge that sticks out over the Canyon's west rim - or spend some time hiking into the canyon to get even closer to the natural beauty.

GETTING THERE

Commercial airlines serve Phoenix, AZ, Flagstaff, AZ, and Las Vegas, NV. You will most likely arrive by plane in Phoenix (4 hours by car to South Rim) or Flagstaff (2 hours by car to the South Rim or 5 hours to North Rim). Las Vegas (5 hours by car to south rim) is also an option if you find a better airfare. You might also choose to arrive in Flagstaff by Greyhound bus. From Flagstaff there are several shuttles that can get you to the Grand Canyon. Try Arizona Shuttle at (800) 563-1980 or Grand Canyon Shuttle Service at (888) 215-3105. Amtrak, the U.S. national railway, provides train service to Flagstaff with connecting bus service to the canyon.

THINGS TO DO/SEE

- Grand Canyon National Park
- Grand Canyon Skywalk
- Backcountry Hiking
- River Trips
- World-class hotels

WHAT FORMER SWT PARTICIPANTS SAY...

“ When people arrive at the Grand Canyon they are in one of two groups. The first takes pictures non-stop because everything is so amazing, and they want to freeze the moment in time so they won't forget it. I was part of a different kind of group - I remember the brownstone walls and the immense emptiness right in front of me and can't believe it. After walking down into the Canyon a bit I really understood just how big it was and I could hear other people making plans to come back next year to hike through the Canyon with backpacks. Who knows, maybe that could be me? ”